

Caring for Your Loved One

Means caring for their families and traditions.

La Mesa Post Acute welcomes people from all cultures and all faiths. We meet individual needs with respect and sensitivity.

Who Benefits from Our Care

Therapy Services is ideal for adults who have been hospitalized or diagnosed with a sudden condition. It provides the extra time and attention needed to relearn essential skills, improve strength and, if necessary, learn to use equipment such as walkers or wheelchairs. Older adults, who because of age or illness can no longer live safely at home on their own, are ideal candidates for our nursing care as well.

Payment Options

Many are covered by health insurance plans:

- Medicare
- Medi-Cal
- Managed Care Providers- including HMOs
- Private Insurance
- Other Third-Party Payers
- Private Payment

Mission Statement

At La Mesa Post Acute our mission is to provide high quality, cost effective, compassionate care, using the latest technology within our resources. As a Skilled Nursing Facility in the community, we believe that education and community involvement are the foundation of providing better healthcare.

La Mesa Post Acute does not discriminate against any person on the basis of race, color, national origin, disability or age in admission treatment, or participation in its programs, services and activities, or in employment.

Healthcare Services

- » 24 Hr Licensed RN's & LVN's
 - » Acute Rehabilitation
- » Diagnostic X-ray Imaging
 - » Dietary Services
 - » Health Education
 - » Inhalation Therapy
- » IVs (Intravenous Therapy)
- » Mental Health Counseling
- » Occupational Therapy
 - » Outdoor Activities
 - » Pharmacy
 - » Physical Therapy
- » Pre-admission/ Discharge Planning
 - » Psych Therapy
 - » Social Services
 - » Speech Therapy
- » TPN (Total Parenteral Nutrition)
 - » Wound Care

Call Us Today
909.987.2501

To learn more about us or to schedule a visit to

LA MESA POST ACUTE

Please call us at 909.987.2501 or
Fax admissions at 909.308.1102

PH 909.987.2501 • FX 909.308.1102
9333 LA MESA DR • ALTA LOMA, CA 91701



Compassionate Care
for the Mind
Body & Soul



Everyone needs a
HELPING HAND
every now and again



The Care Your Loved One Needs

Our dedicated staff can provide the care your loved one needs for both an extended stay or rapid recovery through our personalized therapy services, all in a premier Skilled Nursing Facility.

Our Philosophy

La Mesa Post Acute is a 59-bed skilled nursing facility that provides high-quality care that tailors to each resident's individual needs. Part of our philosophy is to create a place full of life, beauty, and opportunities for personal growth and enrichment.

Comprehensive Care

Care for the body, mind, and spirit. The care we provide is based on our belief that each resident has the right to quality care, quality of life and optimal health and well-being.

Care in a Convenient Location

Whether the ultimate goal is to get back home or find a new place to call home, it's nice to know that your loved one is in a safe and welcoming environment. La Mesa Post Acute, located in beautiful Alta Loma, California, is centrally located in San Bernardino County and close to all surrounding Medical Centers.

La Mesa Post Acute

Our dedicated care teams may include the following experienced specialists:

Medical Doctors

Registered Nurses

Registered Dietitians

Licensed Nutritionists

Social Workers

Audiologists

Rehabilitation Therapists



Comprehensive Services

Personalized services programs will depend on your loved one's condition and goals. Rest assured that we have experience dealing with a wide range of injuries and conditions, such as orthopedics, heart disease, stroke, and respiratory diseases.

Experienced Physician & Care Teams

With varying degrees of independence, our residents may need either short or long term skilled nursing care. In addition to standard nursing care, restorative nursing is provided for residents when appropriate. Restorative nursing helps residents maintain or improve their functioning in activities of daily living such as bathing, eating, and grooming.

Dietary Services

Residents enjoy nutritious meals and snacks overseen by a registered dietitian, dietary manager, and dietetic technicians. Food service also includes special event and holiday meals. Snack carts are available three times a day at no charge to residents. We believe caring for your loved one means caring for their families and traditions too.